

# SPARTAN SOFTBALL

MILTON  
HERSHEY  
SCHOOL®

## SOFTBALL YEAR AT A GLANCE

Milton Hershey Softball competes in the Mid-Penn Conference Capital Division in PIAA District III, 5A Classification.

### Fall Season (August to December)

- Outdoor workouts
- Morning hitting, pitching, and catching workouts
- Off-season speed and strength training
- Select athletes can participate in the Keystone State Bombers travel softball program with practices and tournaments at MHS fields, Keystone State Sports, and other local fields

### Winter Season (January to February)

- Indoor workouts for skill development at Keystone State Sports with the Keystone State Bombers travel softball program
- Off-season speed and strength training
- Winter League at Spooky Nook Sports
- Athletes have the opportunity to participate in college softball clinics at regional colleges
- Hitting and pitching lessons with local instructors, as available

### Spring/Summer Season (March to July)

- Daily practices after school with some Saturday practices and games
- 20 regular season games and two scrimmages against PIAA opponents
- Travel softball roster spots and guest play opportunities for athletes on campus during the summer
- Weight room opportunities
- Opportunity to attend an overnight softball camp at a local university
- Mid-Penn, District III, and PIAA State Playoffs, if qualified
- Athletic-focused YRE available, providing daily lifting, conditioning, and other sport programming for students staying on campus in the summer



Camps, club teams, off-season training, and equipment  
are included—with all costs covered.



## SOFTBALL FACILITIES



- Varsity Game Field with a 200'/220' fence with a scoreboard, full dugouts, bullpens, and a batting cage
- JV Game Field with a 200' fence
- Two indoor, retractable batting cages, Hack Attack, and Jugs Lite-Flite pitching machines
- Varsity and JV locker rooms
- Indoor fitness facilities include multiple weight rooms, a cycling room, and a newly renovated pool
- MHS Athletics Media Room for watching game film, holding team meetings, and conducting classroom-style sessions

## PROVIDED EQUIPMENT

- Fielders' glove, batting gloves, helmets, catcher's equipment, bats, and bat bags
- Metal cleats for Senior Division, molded cleats for Middle and Elementary Divisions
- Uniform includes game jersey, pants, socks, belt, hat/visor, cold gear, sweatshirt, and winter jacket
- All equipment costs are covered, including quality brands like Nike and more

## MEET THE COACH



- **MHS Varsity Head Coach Christina Aulbach** was named head coach in 2021.
- She is the MHS Senior Division Associate Athletic Director.
- Coach Aulbach played NCAA Division I softball as an infielder at St. Francis University.
- Prior to MHS, Aulbach coached softball at T.C. Williams High School, led travel softball teams at Spooky Nook Sports (where she also served as director), and coached in the Keystone State Bombers Organization.
- The entire coaching staff builds a unique practice model that incorporates foundational skills, technical instruction, and team strategy.

## DEVELOPMENTAL PROGRAMS

- Elementary Division: Tee ball, 8U, and 10U local league participation
- Middle Division: Training for skill work (pitching, hitting, etc.)
- 5th/6th Grades: Participation in 12U local fastpitch league (Fall and Spring)
- 7th/8th Grades: Participation in 14U local fastpitch league (Fall and Spring)

## PROGRAM ACCOMPLISHMENTS

Michael Stepp Sportsmanship Award: 2022



Scan the QR code or visit [mhskids.org/athletics](https://mhskids.org/athletics) to learn more. Contact Special Talent Admissions Counselor Rylan Good at [goodry@mhs-pa.org](mailto:goodry@mhs-pa.org).

