

STUDENT-ATHLETES DEVELOP ESSENTIAL LIFE SKILLS:

- 1 ACADEMIC MOTIVATION
- 2 GOOD SPORTSMANSHIP
- 3 CRITICAL THINKING
- 4 MUTUAL RESPECT
- 5 LEADERSHIP
- 6 TIME-MANAGEMENT
- 7 RESILIENCE
- 8 TEAMWORK
- 9 LOYALTY
- 10 HUMILITY

