

SPARTAN WRESTLING

MILTON
HERSHEY
SCHOOL®

WRESTLING YEAR AT A GLANCE

Milton Hershey Wrestling competes in the Mid-Penn Conference Capital Division in PIAA District III, 3A Classification.

Fall Season (August to November)

- Agility and endurance sessions
- After-school team strength and conditioning sessions
- After-school open gym and live wrestling opportunities
- Pre-season tournaments, as available

Winter Season (November to March)

- Strength and conditioning training
- Daily fundamental skill and agility training, intensive drilling, and live wrestling practices
- Dual matches, dual team tournaments, and individual tournaments
- PIAA post-season tournaments

Spring/Summer Season (April to July)

- Summer team camp at a local college or university
- Athletes have the opportunity to participate in club wrestling and joint practices at local high schools
- Athletic-focused YRE available, providing daily lifting, conditioning, and other sport programming for students staying on campus in the summer

WRESTLING FACILITIES



- Senior Division: Wrestling room and four full-sized competition mats, used for home matches and tournaments held in Copenhaver Gym and Spartan Center Gym.
- Middle Division: Wrestling room
- Indoor fitness facilities include multiple weight rooms, a cycling room, and a newly renovated pool
- MHS Athletics Media Room for watching game film, holding team meetings, and conducting classroom-style sessions



Camps, club teams, off-season training, and equipment
are included—with all costs covered.



PROVIDED EQUIPMENT

- Wrestling shoes, head gear, mouth guards, knee pads, and braces
- Singlets, shorts, a practice shirt, sweatpants, a sweatshirt, and all practice and match gear
- All equipment costs are covered, including quality brands like Nike and more

MEET THE COACH



- **MHS Varsity Head Coach Jimmy Taylor** has coached wrestling at MHS for over 20 years.
- He has served as an MHS houseparent, teacher, and assistant football coach.
- Under his leadership, MHS student Sharron Townsend become the school's first-ever John Travers Award winner.
- The entire coaching staff builds a unique practice model that incorporates foundational skills, technical instruction, and team strategy.

DEVELOPMENTAL PROGRAMS

- Elementary Division: Developmental clinic (Spring)
- 5th/6th Grades: Participation in club wrestling (Winter)
- 7th-9th Grades: Participation in PIAA Junior High wrestling (Winter)

PROGRAM ACCOMPLISHMENTS

- Over 60 state qualifiers and medalists
- Six Mid-Penn Sportsmanship Awards
- PIAA Officials Sportsmanship Award: 2016
- Over 700 career team wins
- Mid-Penn Division Championships: 1986, 2005
- PIAA District III Championship: 2007

NOTABLE ALUMNI—100 WIN WRESTLERS

- Eric Rush '05
- Johnny Lamboy '05
- Sharron Townsend '12



Scan the QR code or visit mhskids.org/athletics to learn more. Contact Special Talent Admissions Counselor Rylan Good at goodry@mhs-pa.org.

