

SOCCER YEAR AT A GLANCE

Milton Hershey Soccer competes in the Mid-Penn Conference Capital Division in PIAA District III, 3A Classification.

Fall Season (August to October)

- Daily practices after school with some Saturday practices and games
- 18 regular season games and two scrimmages against PIAA opponents
- Mid-Penn, District III, and PIAA State Playoffs, if qualified

Winter Season (December to February)

- Workouts at In The Net Sports Complex
- Speed and strength training
- Indoor league games at In The Net Sports Complex

Spring/Summer Season (March to July)

- Outdoor workouts at the turf and grass soccer fields
- Speed and strength training
- Select athletes can participate in local club soccer team practices and tournaments
- Athletes attend a residential team camp at a local college
- Athletic-focused YRE available, providing daily lifting, conditioning, and other sport programming for students staying on campus in the summer

SOCCER FACILITIES



- Senior Division: One grass field and three grass practice fields
- Henry Hershey Field: 7,000-seat artificial turf stadium with press box and home/away concession stands
- Middle Division: Two grass game fields and one practice field
- Elementary Division: Two grass game fields
- Indoor fitness facilities include multiple weight rooms, a cycling room, and a newly renovated pool
- MHS Athletics Media Room for watching game film, holding team meetings, and conducting classroom-style sessions







PROVIDED EQUIPMENT

- Practice shorts, shirts, cleats, goalie equipment, hoodies, and soccer bags
- Uniform includes game jersey, shorts, socks, cold gear, and sweatshirts
- All equipment costs are covered, including quality brands like Nike and more

MEET THE COACH



- MHS Varsity Head Coach Kelsie Garman was named head coach in 2023.
- Bishop McDevitt High School retired Coach Garman's jersey after she led her team to a PIAA District III Championship as a three-year captain in 2012.
- She was an ESPNHS State All-Star, a TopDrawSoccer.com Mid-Atlantic Top 10 recruit, and a four-time Big 11 selection.
- She went on to play soccer at NCAA Division I West Virginia University.
- Prior to MHS, Coach Garman coached teams at Miami University of Ohio (DI), Fairmont State University (DII), and her high school alma mater.
- The entire coaching staff builds a unique practice model that incorporates foundational skills, technical instruction, and team strategy.

DEVELOPMENTAL PROGRAMS

- Elementary Division: Developmental clinics
- Middle Division: Developmental clinics
- Middle Division: Participation in 12U and 14U local league (Fall and Spring)
- 7th and 8th Grade: Participation in PIAA Junior High soccer (Spring)
- Select 7th/8th Grade athletes can participate in local club teams for travel tournaments and league games







